
Professional Profile

Professional consultant with a wide range of experiences as a trainer, therapist, facilitator, researcher, community educator, and evaluator. She has worked on various multi-disciplinary teams and facilitated and mediated conflict within organizations. Megan has held a variety of leadership positions and has presented research at a number of professional conferences. Her listening and observation skills help her assess a given situation and aid both individuals and teams in strengthening their strengths and addressing their developmental needs.

Clients of hers benefit from her skills in:

- **Individual Coaching:** Unique and exceptional ability to read the emotional tone of people and can quickly understand and empathize with her clients and their needs; Passion and commitment to meeting client's development needs.
- **Leadership Development:** Working with individuals and leadership groups to identify strength and development areas and provide real-world training on topics including; self-awareness, effective communication, decision-making, problem-solving, giving and receiving feedback, and strategic planning.
- **Assessment:** Experienced evaluator who fairly and efficiently examines, interprets and provides feedback information to clients from psychological and career assessments. Strong ability to use assessments to identify individuals' strengths and developmental areas and develop action plans based on their results.
- **Team Development:** Experience working with teams and organizations to identify healthy communication patterns; Contributes to organizational development, strategic planning and team building.

Professional Experience:

- 2008 - present** **Consultant-** DRI Consulting
Provide consulting and coaching services for individuals, teams and organizations; Administer and interpret psychological assessments; develop individual and organizational development plans; organize and deliver leadership development programs. 2008-2009: Consultant for Walla Walla District Leadership Development Program. 2008-2009: Consultant for St. Louis District Leadership Development Program. 2009: Presenter and trainer for South Pacific Division Leadership Development Program.
- 2005- 2008** **Psychometrist-** Noran Neurological Clinic. Responsibilities: Psychometrist in the neuropsychology clinic responsible for administering a wide battery of standardized measures, completing scoring, summarizing data, and documenting important behavioral observations. Communicate with neuropsychologists regarding patient data and information, as well as completing assessments in an efficient and accurate manner.
- 2007-2008** **Therapist-** Gillette Children's Specialty Healthcare, St. Paul, MN. Responsibilities: In Child and Family Services Program, providing diagnostic assessment to children and

adolescents with a variety of developmental, cognitive, and other learning and physical disabilities. This includes conducting intake interviews, planning and administering cognitive, achievement, and functional measures, writing integrative reports, and providing feedback and recommendations. In addition, as part of an interdisciplinary team, consultation-liaison services are provided to patients and inpatient health care staff. Participation in weekly supervision and regular consultation with other staff and disciplines is also required.

2006-2007 **Therapist-** Relate Counseling Center, Minnetonka, MN. Responsibilities: Maintained individual and group therapy case load and was responsible for intake and assessment, diagnosis, treatment, and all case notes and documentation. Served clients of all ages with a variety of presenting problems including depression, anxiety, abuse/ trauma, adoption, and attachment issues. Participated in weekly individual, staff, and group case consultation as well as on-going training and conference attendance.

2003-2006 **Family Support Services Coordinator and Mental Health Practitioner.** Fraser Child and Family Center, Minneapolis, MN. Responsibilities: Developed and facilitated parent groups, consulted with day treatment staff, coordinated and facilitated group skills training for adolescent girls with Asperger's syndrome, and provided individual and family skills training. Presented at numerous conferences and trainings on a variety of topics and was an educational inclusion consultant. Participated in weekly individual supervision and group clinical case consultation. Attended HIPPA certification as well as continuing education on a variety of mental health issues.

Leadership Experience:

University of St. Thomas

Cohort Representative, 2005 - present
Supervisor: Tatyana Avdeyava, Ph.D., L.P.

University of St. Thomas

Student representative, Fall 2006
Search committee member for graduate faculty professor(s).

University of Minnesota, Morris

Third Ear Peer Helping Organization Co-Chair, 1997-1999
Supervisor(s): Counseling Center staff

Professional Memberships:

American Psychological Association, Division 13
Minnesota Psychologists for Psychology Applied to Work (MPPAW)
Minnesota Psychological Association (MPA)

Education:

Psy.D. The University of St. Thomas. Doctorate in Counseling Psychology, 2009.

M.A. Saint Mary's University. Master of Arts in Psychology, 2003.

B.A. University of Minnesota, Morris: Psychology, Minor: Political Science, 200.